

ATC Healthcare Associate Name _____

Date _____

**SKILLS/COMPETENCY SELF-APPRAISAL
SPECIALTY AREA: PSYCHIATRIC NURSE**

Please Check Occupation: RN LPN/LVN

Applicant, please indicate your current level of proficiency in **column A** for each type of equipment or situation using the following codes.
(Columns Year 1, Year 2 and Year 3 will be used for annual update).

LEVEL OF PROFICIENCY CODES

0 = NEVER DONE 1 = NOT DONE REGULARLY 2 = 6 MOS - 1 YEAR REGULAR EXPERIENCE 3 = 1 YEAR OR MORE REGULAR EXPERIENCE

SKILLS	A	YEAR	YEAR	YEAR	SKILLS	A	YEAR	YEAR	YEAR
▪ CPR Course					▪ Acquired Brain Injury				
▪ BCLS					▪ Personality Disorders				
▪ ACLS					▪ Adjustment Disorders				
▪ IV Certification:					▪ Substance-Related Disorders				
▪ Other Certification:					▪ Alcoholism				
1. PATIENT GROUPS:					▪ Drug/Substance Abuse				
▪ Infant					▪ Schizophrenia & other Psychotic Disorders				
▪ Pediatric					▪ Mood Disorders: Depressive & Bipolar				
▪ Adolescent					▪ Anxiety Disorders				
▪ Adult					▪ Somatoform Disorders				
▪ Geriatric					▪ Factitious Disorders				
2. ENVIRONMENTS:					▪ Dissociative Disorders				
▪ State/Private Institution					▪ Sexual & Gender Identity Disorders				
▪ Psychiatric Hospital					4. PSYCHIATRIC CARE/TREATMENT:				
▪ Community Care Center					▪ Admission/Discharge/Transfer				
▪ Crisis Intervention Center					▪ Charting/Documentation/Consents/Care Plans				
▪ Psychiatric Unit in Hospital					▪ Securing Hazardous Items on Admission				
▪ Rehabilitation/Addiction Center/Unit					▪ Confidentiality of Information				
▪ Other(s):					▪ Giving & Receiving Report on Patients				
3. MENTAL DISORDERS:					▪ Orienting Patient to Unit & Rights				
▪ Mental Retardation					▪ Making Rounds & Safety Checks				
▪ Learning Disorders					▪ Universal Precautions/Infection Control				
▪ Motor Skills Disorders					▪ Special Precaution Procedures e.g., Suicide Watch				
▪ Communication Disorders					▪ Restraint & Seclusion Procedures				
▪ Pervasive Developmental Disorders					▪ Leading Patient Focused Groups				
▪ Attention-Deficit & Disruptive Behavior Disorders					▪ Group Therapy				
▪ Feeding & Eating Disorders of Childhood					▪ Behavior Management Techniques				
▪ Tic Disorders					▪ Crisis Intervention				
▪ Elimination Disorders					▪ Behavior Modification				
▪ Delirium, Dementia, & Other Cognitive Disorders					▪ Social/Vocational Training				
▪ Eating Disorders: Bulimia & Anorexia					▪ De-Escalation Procedures				

PSYCHIATRIC NURSE, PAGE 2 OF 2

LEVEL OF PROFICIENCY CODES

O = NEVER DONE 1 = NOT DONE REGULARLY 2 = 6 MOS - 1 YEAR REGULAR EXPERIENCE 3 = 1 YEAR OR MORE REGULAR EXPERIENCE

SKILLS	A	YEAR	YEAR	YEAR	SKILLS	A	YEAR	YEAR	YEAR
▪ Assaultive Behavior Management					▪ Antimanic & Mood Stabilizing Agents				
▪ Activity/Recreation Therapy					▪ Sedatives & Hypnotics				
▪ Remotivation					▪ Neuroleptics				
▪ Electroconvulsive Therapy					6. GENERAL MEDICAL-SURGICAL CARE:				
▪ 1:1 Therapy/Interaction					▪ Patient Interview/Assessment				
▪ Patient Defensive Mechanisms					▪ Admission/Discharge				
▪ Vital Signs					▪ Infection Control/Isolation Techniques				
▪ Communication With Other Staff Members					▪ Dressing Changes				
▪ Patient/Family Teaching					▪ Sterile Technique				
▪ Problem Identification/Intervention					▪ Assisting With Emergency/Trauma Care, e.g. Intubation				
▪ Documentation of Responses to Psychiatric Treatment or Care					▪ Indwelling, Intermittent Catheterization				
5. MEDICATION ADMINISTRATION:					▪ Intake & Output				
▪ By Mouth (PO)					▪ Tracheostomy Care				
▪ Intramuscular (IM)					▪ Suctioning (Oropharynx, Nasopharynx, etc.)				
▪ Subcutaneous (SQ)					▪ Oxygen, Suction Set-Up				
▪ Intravenously (IV)					▪ Insertion of Nasogastric (NG) Tube				
▪ Other(s):					▪ NG or Gastrostomy Tube Feedings				
▪ Reconstitution & Dilution of Drugs					▪ Care of Cardiac Patient				
▪ Drug Dosage Calculation					▪ Care of Respiratory/Pulmonary Patient				
▪ Side Effects					▪ Care of Endocrinology (e.g., Diabetic) Patient				
▪ Adverse Effects					▪ Care of Oncology Patient				
▪ Anaphylaxis					▪ Care of Renal Patient				
▪ Extrapyramidal Symptoms					▪ Care of Patient With Other Medical Condition				
▪ Neuroleptic Malignant Syndrome					▪ Care of Patient With Seizure Disorder				
▪ Tardive Dyskinesia					▪ Care of Patient With Colostomy				
▪ Psychotropics					▪ Assist With Grooming, Bathing Activities				
▪ Antianxiety Medications					▪ Oral Care & Peri Care				
▪ Antidepressants					▪ Other(s):				