

ATC Healthcare Associate Name _____

Date _____



SKILLS/COMPETENCY SELF-APPRAISAL
SPECIALTY AREA: PROGRESSIVE (STEP-DOWN) CARE UNIT (PCU)/TELEMETRY NURSE

Please Check Occupation: RN LPN/LVN

Applicant, please indicate your current level of proficiency in **column A** for each type of equipment or situation using the following codes.
 (Columns Year 1, Year 2 and Year 3 will be used for annual update).

LEVEL OF PROFICIENCY CODES

0 = NEVER DONE 1 = NOT DONE REGULARLY 2 = 6 MOS - 1 YEAR REGULAR EXPERIENCE 3 = 1 YEAR OR MORE REGULAR EXPERIENCE

SKILLS	A	YEAR	YEAR	YEAR	SKILLS	A	YEAR	YEAR	YEAR
▪ BCLS					▪ Sengstaken-Blakemore, Miller -Abbott, etc.				
▪ ACLS					▪ G-Tubes, PEG Tubes				
▪ Dysrhythmia Course					▪ Drains (Hemovacs, Jackson-Pratt, Penrose, etc.)				
▪ Other(s):					▪ Levin Tubes, Salem Sump				
1. PATIENT GROUPS:					▪ Urinary Catheterization				
▪ Infant					▪ Administration of Blood/Blood Products				
▪ Pediatric					▪ Arterial Puncture				
▪ Adolescent					▪ Arterial Lines (Samples, Medications, etc.)				
▪ Adult					▪ ABG Interpretation/Intervention				
▪ Geriatric					▪ Mechanical Ventilation (PEEP, IMV, FIO2, CPAP, Weaning, etc.)				
2. GENERAL SKILLS:					▪ Knowledge of Complications of Mechanical Ventilation (Pneumothorax, Laryngeal Edema, etc.)				
▪ Admission/Discharge/Transfer					▪ Intubation/Extubation Criteria				
▪ Charting/Documentation/Consents/Care Plans					▪ Assist With Chest Tube Insertion, Set-Up				
▪ Confidentiality of Information					▪ CPT, Incentive Spirometry				
▪ Restraint Application/Procedures/Safety					▪ Suctioning (Nasopharynx, Tracheostomy, etc.)				
▪ Auscultation/Interpretation Breath & Heart Sounds					▪ Diagnostics: Ordering, Preparing Patient				
▪ Placing/Maintaining Patient on Telemetry					▪ Labwork (e.g. Cardiac Enzymes)				
▪ Running & Mounting Rhythm Strips					3. CARDIAC MEDICAL:				
▪ Chest Pain Differentiation					▪ Angina Pectoris				
▪ Recognizing Emergencies					▪ Congestive Heart Failure				
▪ Infectious Diseases (HIV, Hepatitis, etc.)					▪ Myocardial Infarction				
▪ PCA Set-up/Use/Patient Teaching					▪ Abdominal Aortic Aneurysm				
▪ Universal Precautions, Infection Control					▪ Cardiogenic Shock				
▪ Dressing Changes					▪ Embolus				
▪ IV Cannulation, IV Fluids, TPN, etc.					▪ Cerebral Vascular Accident				
▪ CVP, Swan-Ganz (Use, Monitoring, etc.)					▪ Deep Vein Thrombosis				
▪ PICC, CV Catheters (e.g. Groshong)					▪ Hypertension				
▪ Pulse Oximetry					▪ Adam-Stokes				
▪ Epidural Catheters					▪ Pericarditis				
▪ NG Tubes, NG Feedings					▪ Thrombophlebitis				

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SKILLS	A	YEAR	YEAR	YEAR	SKILLS	A	YEAR	YEAR	YEAR
▪ COPD, Emphysema					7. SPECIFIC MEDICATION KNOWLEDGE: DOSAGE CALCULATION, SIDE EFFECTS, ROUTES, ETC.				
▪ Digitalis Toxicity					▪ Aminophylline				
▪ Other(s):					▪ Coumadin				
4. CARDIAC SURGICAL:					▪ Digoxin				
▪ Routine Pre-Op & Post-Op Care					▪ Dobutrex				
▪ Anesthetic Types and Complications					▪ Dopamine				
▪ IV Conscious Sedation					▪ Epinephrine				
▪ Repair of Congenital Heart Anomalies					▪ Heparin				
▪ Pre & Post Heart Transplant					▪ Inderal				
▪ Pre & Post Open Heart					▪ Isuprel				
▪ Coronary Artery Bypass Grafting (CABG)					▪ Lasix				
▪ Aortobifemoral, Aortofemoral, Axillofemoral, Femoropopliteal Bypass					▪ Lidocaine				
▪ Percutaneous Transluminal Coronary Angioplasty					▪ Nipride				
▪ Percutaneous Transluminal Angioplasty (PTA)					▪ Procardia				
▪ Arthrectomy					▪ Pronestyl				
▪ Embolectomy					8. SPECIFIC CARDIAC RHYTHM KNOWLEDGE, DYSRHYTHMIA INTERPRETATION:				
▪ Endarterectomy					▪ Asystole				
▪ Cardiomyoplasty					▪ Ventricular Tachycardia, Fibrillation				
▪ Carotid Sinus Massage (CSM)					▪ Bradycardia				
5. CARDIAC PROCEDURES:					▪ Atrial Fibrillation				
▪ Temporary Pacemaker					▪ Junctional Rhythm				
▪ Permanent Pacemaker					▪ Idioventricular Rhythm				
▪ Transcutaneous Pacemaker					▪ Supraventricular Tachycardia				
▪ Cardioversion/Defibrillation					▪ First Degree AV Block				
▪ Cardiac Catheterization					▪ Second Degree AV Block				
▪ Implantable Cardiac Defibrillator (ICD)					▪ Third Degree Heart Block				
▪ Intracoronary Stent					▪ Premature Ventricular Contractions				
▪ Intraaortic Balloon Pump (IAPB)					▪ Premature Atrial Contractions				
6. OTHER TELEMETRY USE:					▪ Bigeminy, Trigeminy				
▪ Chest Trauma, Other Trauma/Accident					▪ Other(s):				
▪ Drug Overdose, Electrocutation, etc.					9. TEACHING: Patient, Family				

Signed: _____

Date: _____