

Healthcare Associate Name \_\_\_\_\_

Date \_\_\_\_\_



**SKILLS/COMPETENCY SELF-APPRAISAL**

**SPECIALTY AREA: POST ANESTHESIA RECOVERY UNIT (PACU)/RECOVERY ROOM NURSE**

**Please Check Occupation:**  RN  LPN/LVN

Applicant, please indicate your current level of proficiency in **column A** for each type of equipment or situation using the following codes. (Columns Year 1, Year 2 and Year 3 will be used for annual update).

**LEVEL OF PROFICIENCY CODES**

**0 = NEVER DONE    1 = NOT DONE REGULARLY    2 = 6 MOS - 1 YEAR REGULAR EXPERIENCE    3 = 1 YEAR OR MORE REGULAR EXPERIENCE**

SKILLS	A	YEAR _____	YEAR _____	YEAR _____	SKILLS	A	YEAR _____	YEAR _____	YEAR _____
▪ ACLS					▪ Oxygen Administration				
▪ Other Certification:					▪ Assist With Chest Tube Insertion/Set-Up				
<b>1. PATIENT GROUPS:</b>					▪ CV Catheters, CVP, Swan Ganz, PICC				
▪ Infant					▪ IV Cannulation/IV Pushes/Fluids				
▪ Pediatric					▪ Administration Blood/Blood Products				
▪ Adolescent					▪ Arterial Lines (Samples, Accessing, etc.)				
▪ Adult					▪ ABG Interpretation/Intervention				
▪ Geriatric					▪ NG Tubes, Gastric Decompression				
<b>2. BASIC SKILLS:</b>					▪ Sengstaken-Blakemore, Miller-Abbott, etc.				
▪ Admission/Discharge/Transfer					▪ Mechanical Ventilation/Complications				
▪ Charting/Documentation/Consents/Care Plans					<b>3. ANESTHETICS &amp; COMPLICATIONS:</b>				
▪ Universal Precautions/Infection Control					▪ Local				
▪ Restraint Application, Safety & Criteria					▪ Regional				
▪ Patient & Family Teaching					▪ General				
▪ Oral Airway: Use/Removal					▪ IV Conscious Sedation				
▪ Intubation/Extubation Criteria					▪ Epidural, Others				
▪ Sterile Technique					▪ Hemorrhage				
▪ Isolation: Criteria, Methods					▪ Shock: Hypovolemic, Anaphylactic, etc.				
▪ Analgesia: Narcotics, PCA Set-Up/Use					▪ Emboli				
▪ Surgical Drains: Jackson-Pratt, Hemovac, etc.					▪ Diabetic Emergencies: Ketoacidosis, etc.				
▪ Incision Checks, Dressing Reinforcement					▪ Malignant Hyperthermia				
▪ Starting Post-Op Orders: Antibiotics, etc.					▪ Electrolyte Imbalance, Dehydration				
▪ Labwork & Diagnostic Procedures					<b>4. ABDOMINAL SYSTEM:</b>				
▪ Cardiac/Vital Sign Monitoring/Pulse Oximetry					▪ Appendectomy				
▪ Confidentiality of Information					▪ Cholecystectomy				
▪ Cardioversion/Defibrillation					▪ Aneurysm				
▪ Dysrhythmia Recognition/Intervention					▪ Bowel Resection				
▪ Suctioning: Oropharyngeal, Endotracheal, etc.					▪ Gastrectomy				

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SKILLS	A	YEAR	YEAR	YEAR	SKILLS	A	YEAR	YEAR	YEAR
▪ Colostomy					▪ D & C				
▪ Hernia: Inguinal, Hiatal, etc.					▪ Cesarean Section				
▪ Splenectomy					▪ Hysterectomy: Abdominal, Vaginal				
▪ Liver Biopsy					▪ A & P Repair: MMK, etc.				
▪ Liver Lobectomy					▪ Tubal Ligation				
▪ Liver Transplant					▪ Ovarian Cyst, Tumor				
<b>5. BREAST:</b>					▪ Ectopic Pregnancy				
▪ Biopsy					<b>10. NEUROLOGICAL:</b>				
▪ Cancer: Lumpectomy, Mastectomy					▪ Craniotomy				
<b>6. CARDIOVASCULAR:</b>					▪ Aneurysm				
▪ Aneurysm					▪ System Tumors				
▪ Bypass: Fem-Pop, Axillo-Femoral, etc.					▪ Head Injuries				
▪ Carotid Endarterectomy					▪ Hemorrhage: Cerebral, Intracranial				
▪ Embolectomy					▪ Spinal Injury				
▪ Pacemaker Insertion					▪ Coma, Glasgow Coma Scale, ICP Monitoring				
▪ Open Heart Procedures					▪ Congenital Anomalies				
▪ Heart Transplant					▪ Myelogram				
<b>7. CHEST/THORAX:</b>					▪ Vertebral Fusion				
▪ Lung Biopsy					▪ Laminectomy				
▪ Lobectomy, Lung Resection					<b>11. COSMETIC/RECONSTRUCTIVE:</b>				
▪ Thoracotomy					▪ Skin Grafts				
▪ Lung Transplant					▪ Dermabrasion				
<b>8. EYE, EAR, NOSE &amp; THROAT:</b>					▪ Face Lift, Blepharoplasty, etc.				
▪ Ear Tube Insertion					▪ Liposuction				
▪ Other Otic Procedures					▪ Breast: Mammoplasty, Augmentation, etc.				
▪ Fractures: Blowout, etc.					<b>12. UROLOGICAL/RENAL:</b>				
▪ Tonsillectomy & Adenoidectomy					▪ Transurethral Resection of the Prostate				
▪ Thyroidectomy					▪ Renal Calculi: Laser				
▪ Laryngectomy					▪ Cystoscopy				
▪ Tracheostomy					▪ Nephrostomy Tubes				
▪ Radical Neck					▪ Nephrectomy				
<b>9. GYNECOLOGICAL &amp; OBSTETRICAL:</b>					▪ Kidney Transplant				

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SKILLS	A	YEAR	YEAR	YEAR	SKILLS	A	YEAR	YEAR	YEAR
<b>13. ORTHOPEDIC:</b>									
▪ Open/Closed Reduction, Hardware									
▪ Total Hip Replacement									
▪ Fat Embolus									
▪ Body Casting									
▪ Spinal Injury									
▪ Amputation, Revascularization									
▪ Arthroscopy									
▪ Vein Stripping									
▪ Sports Injuries									
<b>14. TRAUMA:</b>									
▪ Gunshot Wounds									
▪ Stab Wounds									
▪ Major Trauma, Multiple Trauma: MVA, etc.									
<b>15. RECTAL:</b>									
▪ Hemorrhoidectomy									
▪ Tumor Resection									
▪ Rectocele									
<b>16. MEDICATIONS:</b>									
▪ Fentanyl									
▪ Versed									
▪ Zofran									
▪ Prostigmin									
▪ Pentothol									
▪ Succinylcholine, Pavulon, Norcuron									
■ Inapsine									
■ Narcan									
■ Anectine									
■ Sufenta, Alfenta									
▪ Dopamine									

Signed: \_\_\_\_\_ Date: \_\_\_\_\_