

Healthcare Associate Name \_\_\_\_\_

Date \_\_\_\_\_



**SKILLS/COMPETENCY SELF-APPRAISAL**

**SPECIALTY AREA: Please Check Appropriate Box:**  GENERAL PEDIATRICS  PEDIATRIC INTENSIVE CARE

Please Check Occupation:  RN  LPN/LVN

Applicant, please indicate your current level of proficiency in **column A** for each type of equipment or situation using the following codes. (Columns Year 1, Year 2 and Year 3 will be used for annual update).

**LEVEL OF PROFICIENCY CODES**

**0 = NEVER DONE 1 = NOT DONE REGULARLY 2 = 6 MOS - 1 YEAR REGULAR EXPERIENCE 3 = 1 YEAR OR MORE REGULAR EXPERIENCE**

SKILLS	A	YEAR	YEAR	YEAR	SKILLS	A	YEAR	YEAR	YEAR
▪ Pediatric CPR Course					▪ Surgical Drains & Tubes				
■ PALS					■ Sterile Technique				
▪ IV Certified					▪ Sterile Field				
<b>1. PATIENT GROUPS:</b>					▪ Assist With Lumbar Puncture				
▪ Neonates, Infants					▪ Assist With Bone Marrow Aspiration				
▪ Children 2 to 12					▪ Assist With Intraosseous Infusion				
▪ Adolescents					▪ Patient/Family Teaching: Pre/Post-Op, etc.				
▪ Over 18 Years of Age					▪ Child/Family Reaction to Hospitalization				
<b>2. BASIC SKILLS:</b>					▪ Emergency Drug Administration				
▪ Admission, Discharge, Transfers					▪ Pediatric Analgesia, PCA				
▪ Charting, Documentation, Care Plans, Consents					<b>3. CARDIAC SYSTEM:</b>				
▪ Universal Precautions, Infection Control					▪ Assessment of Heart Sounds				
▪ Isolation Criteria					▪ Dysrhythmia Interpretation & Intervention				
▪ Security Procedures, Confidentiality					▪ Cardiac Catheterization				
▪ Restraints: Criteria, Safety					▪ Congenital Heart: PDA, Coarctation, etc.				
▪ Ordering/Preparing for Labwork & Diagnostics, Collecting Specimens (e.g., U-Bag, Pedi-Bag)					▪ Congestive Heart Failure				
▪ Intake & Output					▪ Open Heart Procedures				
▪ Bathing, Oral & Peri Care					▪ Heart Transplant				
▪ Infant Formulas, Age Appropriate Foods, etc.					<b>4. RESPIRATORY SYSTEM:</b>				
▪ Phototherapy, Eye Protection, Bilirubin Levels					▪ Breath Sound Evaluation				
▪ Appropriate Patient Positioning for Condition					▪ Assist With Intubation/Extubation				
▪ Isolettes, Warmer Beds, Temp. Control					▪ Oral Airway				
▪ Bassinets, Cribs (Rails)					▪ Suctioning: Set-Up, Routes				
▪ Monitoring: Vital Signs, Cardiac, Pulse Oximetry					▪ O2 Administration: Set-Up, Flow, etc.				
▪ IV Cannulation, INT/Hep Lock, Fluid Administration, IV Pumps, Medications					▪ Oxyhood Management, Weaning				
▪ Blood/Blood Product Administration					▪ CPAP Management, Weaning				
▪ TPN, Lipid Administration					▪ Mechanical Ventilation: Placing on Vent., Weaning, Complications				
▪ Glucose Testing, e.g., Dextrostix					▪ High Frequency Ventilation				
▪ Arterial Lines: Insertion, Sample, etc.					▪ ECMO: Management, Complications				
▪ Central Venous Lines: Assist With Insertion, CVP, Complications; PICC					▪ Tracheostomy: Assist With Procedure, Care				
▪ Dressing Changes, Suture Removal					▪ Assist With Chest Tube Insertion, Care				

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SKILLS	A	YEAR	YEAR	YEAR	SKILLS	A	YEAR	YEAR	YEAR
▪ Pneumonia					▪ Muscular Dystrophy				
▪ Respiratory Distress Syndrome					▪ Amputation				
▪ Pneumothorax					▪ Traction, Splints, Braces, CPM Machines				
▪ Congenital: Diaphragmatic Hernia, etc.					<b>9. NEUROLOGICAL SYSTEM:</b>				
▪ Asthma					▪ Increased Intracranial Pressure, ICP Monitoring				
▪ Chest Trauma					▪ Neurological Checks				
▪ Airway Obstruction					▪ Coma, Glasgow Coma Scale				
▪ Croup, Epiglottitis					▪ Head Injuries: Closed, Open				
▪ Cystic Fibrosis					▪ Craniotomy				
<b>5. EYE, EAR, NOSE &amp; THROAT:</b>					▪ Bleeding: Intracranial, etc.				
▪ Tonsillectomy & Adenoidectomy					▪ Meningitis				
▪ Ear Infections, Ear Tubes					▪ Seizure				
▪ Congenital: Cleft Lip/Palate, etc.					▪ Neural Tube defects				
▪ Thrush					▪ Disease Process: Reye Syndrome, etc.				
▪ System Trauma					<b>10. GASTROINTESTINAL SYSTEM:</b>				
<b>6. ENDOCRINE SYSTEM:</b>					▪ Hepatic Failure, Infection				
▪ Diabetes Management: Insulin, etc					▪ Vomiting/Diarrhea, Electrolyte Imbalance, Dehydration				
▪ Diabetic Emergencies: Ketoacidosis, etc.					▪ Abdominal Trauma				
▪ Acute Hypoglycemia					▪ Appendicitis, Appendectomy				
▪ Inborn Errors of Metabolism, e.g., PKU					▪ Bowel, Gastric Resection				
<b>7. HEMATOLOGY, IMMUNOLOGY:</b>					▪ Congenital Anomalies				
▪ Anemia: Sickle Cell, etc.					▪ Colostomy				
▪ Hemophilia					▪ Insert NG, OG Tube/Feedings, Gastric Decompression				
▪ Leukemia, Hodgkin Disease					<b>11. GENITOURINARY SYSTEM:</b>				
▪ Other Carcinoma					▪ Cystic Kidneys				
▪ Chemotherapy, Radiation: Complications, etc.					▪ Pyelonephritis, Glomerulonephritis				
▪ HIV Infection, AIDS					▪ UTI, Bladder Infection				
▪ CMV, Toxoplasmosis, etc.					▪ Kidney Stones				
▪ Communicable Diseases: Varicella, TB, Mononucleosis					▪ Nephrectomy				
▪ Vaccinations, Immunizations					▪ Congenital Anomalies				
<b>8. MUSCULOSKELETAL SYSTEM:</b>					▪ Nephrostomy Tubes				
▪ Fracture: Complications, Open, Closed Reduction, Casting/Removal					▪ Renal Transplant				
▪ Body Casts: Spica					▪ Catheters: Indwelling, Suprapubic, etc.				
▪ Scoliosis					<b>12. MULTISYSTEM/OTHER:</b>				
▪ Trauma, Sports Injuries					▪ Multiple Trauma				

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SKILLS	A	YEAR	YEAR	YEAR	SKILLS	A	YEAR	YEAR	YEAR
▪ DIC									
▪ Toxic, Caustic Ingestions									
▪ Drug Overdoses									
▪ Near Drowning									
▪ Burns: Thermal, Chemical									
▪ Shock: Hypovolemic, Septic, Anaphylactic, Hemorrhagic, Neurogenic, Cardiogenic									
▪ Failure to Thrive									
▪ Child Abuse: Physical, Sexual, Mental									
<b>13. MEDICATIONS &amp; TREATMENTS:</b>									
▪ IM									
▪ Subcutaneous									
▪ Oral									
▪ IV									
▪ Eye, Ear Drops									
▪ General Medication Safety Rules, e.g., Double Check Dosages, etc.									
■ Narcan									
■ Epinephrine									
■ Dopamine									
■ Insulin									
■ Digitalis									
■ Lasix									
■ SoluMedrol									
■ Mannitol									
■ Phenobarbital									
■ Ipecac Syrup									
■ Gastric Lavage: Charcoal, Ice, etc.									

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

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