

ATC Healthcare Associate Name _____

Date _____



SKILLS/COMPETENCY SELF-APPRAISAL

SPECIALTY AREA: (Please check appropriate box.) ANTEPARTUM LABOR & DELIVERY POSTPARTUM

Please Check Occupation: RN LPN/LVN

Applicant, please indicate your current level of proficiency in **column A** for each type of equipment or situation using the following codes. (Columns Year 1, Year 2 and Year 3 will be used for annual update).

LEVEL OF PROFICIENCY CODES

0 = NEVER DONE 1 = NOT DONE REGULARLY 2 = 6 MOS - 1 YEAR REGULAR EXPERIENCE 3 = 1 YEAR OR MORE REGULAR EXPERIENCE

SKILLS	A	YEAR	YEAR	YEAR	SKILLS	A	YEAR	YEAR	YEAR
▪ BCLS, ACLS					▪ RhoGAM Administration & Documentation				
▪ Neonatal Resuscitation Course, NALS					▪ Pain Management, PCA				
▪ IV Certified					▪ Assist With Insertion of Epidural Catheter				
1. PATIENT GROUPS:					▪ Care of Patient With Epidural Catheter				
▪ Neonates, Infants					▪ Specimen Collection, e.g., 24-Hour Urine				
▪ Pediatric					▪ Ordering/Preparing Patient for Diagnostics				
▪ Adolescent					▪ Pulse Oximetry				
▪ Adult					▪ Cardiac & Other Vital Sign Monitoring				
▪ Geriatric					▪ Suction & Oxygen Set-Up & Administration				
2. BASIC SKILLS:					▪ Sterile Technique				
▪ Admission/Discharge					▪ Drop/Handle Items, Specimens on Sterile Field				
▪ Charting/Documentation/Consents					▪ Proper Gowning/Gloving Technique				
▪ Maternal, Infant Transfers					▪ Intermittent/Indwelling Catheterization				
▪ Care Plans					▪ Enemas, e.g., SS, Fleets				
▪ Patient & Family Education: Lamaze, etc.					▪ Assist With Speculum Exam				
▪ Pre & Post-Operative Teaching					▪ Dressing Changes				
▪ Restraint Application/Safeguards					▪ Assist With Suture Removal				
▪ Universal Precautions					▪ Surgical Drains, e.g., Jackson-Pratt				
▪ Infection Control					▪ Adoption Procedures				
▪ Isolation Techniques & Standards					▪ Prepare Patient for C-Section				
▪ Security Procedures					▪ Patient Positioning, e.g., Trendelenburg				
▪ Confidentiality of Information					3. MATERNAL & FETAL MONITORING:				
▪ Bladder Distention, Elimination					▪ External Fetal Monitoring				
▪ Formula & Breast Feeding/Breast Pumps, Freezing Breast Milk					▪ Internal Fetal Monitoring				
▪ Assessing Breast Feeding Complications, e.g., Mastitis					▪ Applying Fetal Scalp Electrode				
▪ Bonding Assessment					▪ Fetal Scalp Blood Sampling				
▪ IV Cannulation, INT/Hep Lock					▪ Monitoring Multiple Gestation				
▪ Blood/Blood Product Administration					▪ Assessing Fetal Heart Variability, Baseline				
▪ IV Drug/Fluid Administration					▪ Recognition/Intervention in Fetal Heart Decelerations: Variable, Late, Early				
▪ Emergency Drug Administration					▪ External Uterine Monitoring				

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 www.atctravelers.com

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SKILLS	A	YEAR	YEAR	YEAR	SKILLS	A	YEAR	YEAR	YEAR
▪ Internal Uterine Monitoring					▪ Uterine Atony, Hemorrhage				
▪ Non-Stress Test					▪ Uterine Hypertonicity				
▪ Oxytocin/Pitocin Stress Test					▪ Patient With HIV				
▪ Nipple Stimulation Test					▪ Patient With STD's				
4. ANTEPARTUM CARE:					▪ Other Intrapartum Complications				
▪ Pregnant Patient With Medical/Surgical Complication (e.g. Diabetes, Cardiac, etc.)					▪ Placenta Disposal, Culture, etc.				
▪ Hyperemesis Gravidarum					▪ Non-Viable Fetus, Fetal Demise				
▪ Pre-Eclampsia, Eclampsia					▪ Handling, Labeling Cord Blood				
▪ Incompetent Cervix					6. CARE OF NEONATE IN DELIVERY ROOM:				
▪ Premature Uterine Contractions/PROM					▪ Drying, Stimulating				
▪ Fetal Complication/Anomaly					▪ Radiant Warmer, Temperature Control				
5. INTRAPARTUM CARE/LABOR & DELIVERY:					▪ Suctioning, Dee Lee Trap				
▪ Assess Progress of Labor (e.g., Strength of UC's)					▪ Apgar Scores				
▪ Perform Vaginal Exams					▪ Footprints, ID Bands, Mom's Prints				
▪ Prepare Patient for Delivery (e.g., Prep/Shave)					▪ Prophylactic Eye Care, e.g., Ilotycin Ointment, and Vit. K, e.g., Aquamephyton				
▪ Prepare Delivery Room, e.g., Open Packs/Supplies					▪ Resuscitation: Ambu Bag Use, Intubation				
▪ Scrub/Circulate for C-Section					▪ O2 & Suctioning of Neonate/Flow/Pressures				
▪ Open Packs for C-Section, Instrument Set-up					▪ Umbilical Cord Inspection & Treatment				
▪ Assist With Rupture of Membranes					▪ Gastric Aspirate, Surface Cultures				
▪ Assessing Rupture of Membranes, e.g., Nitrazine					7. POSTPARTUM RECOVERY & CARE:				
▪ Oxytocin/Pitocin Induction & Complications					▪ Recovery of Just Delivered Patient: Vitals, Uterine Tone/Flow, Etc.				
▪ Care of Labor Patient With Medical Complication					▪ Recovery/Care of Spont. Vaginal Delivery				
▪ Care of Labor Patient With Multiple Gestation					▪ Recovery/Care C-Section Delivery				
▪ PROM/Premature Labor					▪ Recovery/Care Vacuum Extractor/Forceps Delivery				
▪ Assist With Spontaneous Vaginal Delivery					▪ Care of Patient After Abortion, e.g., SAB				
▪ Assist With Forceps Delivery					▪ Care of Patient With Neonatal Illness/Death				
▪ Assist With Vacuum Extraction Delivery					▪ Assessment Fundus & Lochia				
▪ Presence of Fetal Anomaly/Complication					▪ Care of Episiotomy/Complications				
▪ Precipitous Delivery Management					▪ Sitz Baths, Heat Lamps, etc.				
▪ Presence of Meconium Stained Fluid					▪ Postpartum Depression				
■ Assist With Delivery of Premature Fetus					■ Postpartum Hemorrhage: D & C, Hysterectomy				
■ Assist With Shoulder Dystocia Complication					■ Postpartum Sepsis/Infection				
■ Labor Patient With Pre-Eclampsia, Eclampsia					8. MEDICATIONS:				
■ Breech Presentation					■ Magnesium Sulfate				
■ Prolapsed Cord Management					■ Yutopar, Ritodrine, Brethine				
■ Abruptio Placentae Management					■ Prostaglandin, Prostin Suppositories				
■ Placenta Previa Management					■ Narcan				
■ Amniotic Fluid Embolus					■ Betamethosone				

Signed: _____

Date: _____

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