

ATC Healthcare Associate Name \_\_\_\_\_

Date \_\_\_\_\_



**SKILLS/COMPETENCY SELF-APPRAISAL**  
**SPECIALTY AREA: INTENSIVE CARE NURSE**  
**Please Check Occupation:**  RN  LPN/LVN

Applicant, please indicate your current level of proficiency in **column A** for each type of equipment or situation using the following codes.  
 (Columns Year 1, Year 2 and Year 3 will be used for annual update).

**LEVEL OF PROFICIENCY CODES**

**0 = NEVER DONE    1 = NOT DONE REGULARLY    2 = 6 MOS - 1 YEAR REGULAR EXPERIENCE    3 = 1 YEAR OR MORE REGULAR EXPERIENCE**

SKILLS	A	YEAR	YEAR	YEAR	SKILLS	A	YEAR	YEAR	YEAR
▪ ACLS					▪ Assist With Insertion Of CV, PICC, Arterial Lines, etc.				
<b>1. PATIENT GROUPS:</b>					▪ Monitoring, Calibration, Waveforms, Drawing Samples from Arterial, CV Lines, etc.				
▪ Infant					▪ Insertion of NG Tubes, Feedings				
▪ Pediatric					▪ Assist With Insertion of Sengstaken-Blakemore, Cantor Tubes				
▪ Adolescent					▪ ABG Interpretation				
▪ Adult					▪ Intubation/Extubation Criteria				
▪ Geriatric					▪ Mechanical Ventilation/Complications				
<b>2. BASIC SKILLS:</b>					▪ Assist With Chest Tube Insertion				
▪ Admission/Discharge/Transfer					▪ Assist With Lumbar Puncture				
▪ Charting/Documentation/Consents/Care Plans					▪ Intermittent/Indwelling Catheterization				
▪ Confidentiality of Information					▪ Triage Principles				
▪ Universal Precautions, Infection Control					▪ Epidural Catheters				
▪ Isolation Criteria/Methods; Sterile Technique					▪ Patient/Family Teaching				
▪ Restraint Use & Safety					<b>3. ABDOMINAL SYSTEM:</b>				
▪ IV Conscious Sedation					▪ Bowel Sound Assessment				
▪ Emergency Medication Administration (ACLS Drugs)					▪ Gastric Decompression				
▪ Cardiac, Vital Sign Monitors, Pulse Oximetry					▪ Gastric Lavage				
▪ Tissue/Organ Donation Procedures					▪ Intestinal Obstruction				
▪ Cardioversion/Defibrillation					▪ Esophageal Varices				
▪ Dysrhythmia Recognition/Intervention					▪ Gastrointestinal Bleeding				
▪ Anesthetics/Complications, Oral Airway					▪ Balloon Tamponade				
▪ O2/Suctioning: Set-Up, Routes					▪ Abdominal Aortic Aneurysm				
▪ Labwork & Diagnostic Procedures					▪ System Trauma				
▪ IV Cannulation/Drug Administration/Fluids					▪ Gastrectomy				
▪ Administration of Blood/Blood Products					▪ Bowel Resection, Colostomy				
▪ TPN, Lipid Administration					▪ Liver: Lobectomy, Transplant				

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SKILLS	A	YEAR	YEAR	YEAR	SKILLS	A	YEAR	YEAR	YEAR
▪ Peritonitis					<b>8. MEDICAL:</b>				
▪ Splenectomy					▪ Infectious Diseases: HIV, Hepatitis				
<b>4. CARDIOVASCULAR SYSTEM:</b>					▪ Oncological Crisis				
▪ Heart Sound Interpretation					▪ Diabetic Emergencies				
▪ Chest Pain Differentiation					▪ Dehydration, Electrolyte Imbalance				
▪ Intra Aortic Balloon Pump					▪ Blood Disorders: Hemophilia, DIC				
▪ Cardiac Catheterization					<b>9. NEUROLOGICAL:</b>				
▪ Pericardiocentesis					▪ ICP Monitoring				
▪ Pacemaker: Permanent, Temporary					▪ Coma, Glasgow Coma Scale				
▪ Hypertensive Crisis					▪ Head Injuries/Bleeds				
▪ Myocardial Infarction, Cardiac Enzymes					▪ Craniotomy				
▪ Thrombolytic Agents					▪ Cerebral Vascular Accidents				
▪ Congestive Heart Failure					▪ Spinal Injuries/Immobilization/Mannitol				
▪ Coronary Artery Bypass					▪ Halo Traction, Crutchfield Tongs				
▪ Open Heart Surgery					▪ Seizures				
▪ Heart Transplant					▪ Neurological Checks				
▪ Embolus					<b>10. ORTHOPEDIC:</b>				
<b>5. ENVIRONMENTAL, TOXICOLOGICAL:</b>					▪ Fractures, Casting, Splints				
▪ Hyperthermia, Frostbite					▪ Fat Embolus				
▪ Near Drowning					▪ Open/Closed Reductions				
▪ Burns					▪ Amputation/Reattachment				
▪ Drug Overdoses, Caustic Injections					▪ Multiple Trauma				
▪ Poisonings, Hazardous Materials					<b>11. RESPIRATORY:</b>				
<b>6. EAR, NOSE, THROAT, EYES:</b>					▪ Assist With Emergency Tracheostomy				
▪ Blowout Fractures, Trauma					▪ Wean From Ventilator, Make Adjustments				
▪ Tracheostomy					▪ Pneumonia				
▪ Radical Neck					▪ Pneumothorax				
<b>7. GENITOURINARY SYSTEM:</b>					▪ Emphysema, COPD				
▪ Renal Failure					▪ ARDS				
▪ Nephrectomy					▪ Flail Chest				
▪ Nephrostomy Tubes					▪ Tuberculosis				
▪ Kidney Transplant					▪ Lung Transplant				
▪ Dialysis					<b>12. SHOCK:</b> Anaphylactic, Hypovolemic, Septic, Neurologic, Hemorrhagic, Cardiogenic				

Signed: \_\_\_\_\_ Date: \_\_\_\_\_